



Breakfast Menu

To start

Please help yourself to our selection of fruit juices, yoghurt, fruit compote, cereals and fresh fruit from the side table

We carry a wide selection of juices and cereals. Please ask if you would prefer an alternative cereal or juice

Porridge

Main course (select from the options below)

The Full Cornish

Farm eggs – fried, poached or scrambled

With local butcher's sausages, dry-cured back bacon and hogs pudding

Alongside fresh grilled tomatoes, mushrooms and baked beans

Or any combination of the above

Fish

Oak smoked salmon with lightly scrambled farm eggs

A Lighter Bite

Boiled eggs, with hot toasted buttered soldiers

Daily Specials

See our specials menu for what's on today.

Coffee

A cafetière of freshly made ground coffee, espresso or cappuccino. Decaffeinated coffee also available

Teas

Breakfast, Assam, Tregothnan Classic or a selection of fruit teas

Bread and preserves

Organic white and wholemeal breads, complimented by a selection of Boddington's preserves

We aim to source as much fresh produce as possible from local providers on The Roseland Peninsula.



Daily Specials

Monday

Thick sliced ham served with two fried local farm eggs

Tuesday

A stack of American-style pancakes drizzled with maple syrup and served with crispy pancetta

Wednesday

Oven-roasted vine tomatoes and basil served on a toasted bagel with cream cheese

Thursday

Fan fried mushrooms and organic natural yogurt served on brioche

Friday

A mushroom, ham and/or cheese omelette made with two local farm eggs

Saturday

Locally sourced smoked haddock, poached in milk and served with a lightly poached local farm egg

Sunday

Oak smoked salmon on a toasted bagel served with cream cheese